

## WBSA

### Mental Health & Wellbeing Statement

#### WBSA Statement:

We respect the rights and dignity of all of our young athletes and acknowledge that everyone who is involved in the WBSA has mental health and wellbeing needs.

As part of our commitment to ensuring we take mental health and wellbeing into consideration in all aspects of our sport, we're working towards making sure that:

- We support our staff to hold a basic level of mental health and wellbeing awareness training.
- We demonstrate how our staff can be welcoming towards people experiencing a problem with their mental health and wellbeing.
- We respect that everyone needs to take care of their mental health and wellbeing and that some of us may need more support than others.
- There are key members of staff (Safeguarding officers or other designated roles) in our association who are happy to discuss how our sport can be adapted to suit your mental health and wellbeing needs or how we can be more inclusive.
- We regularly ask all our young members if they are happy with the level of support, they receive from us and whether it could be improved in any way.
- We recognise how the pressures of competitive sport can affect young people's mental health and wellbeing.
- All staff know the details of the mental health and wellbeing support services available to both staff and young people.
- All staff know how to raise concerns to protect young people who are experiencing a mental health crisis or identifying as at risk of self-harm or suicide as part of our safeguarding reporting procedures.
- Support and information on mental health and wellbeing continues to be shared as young people progress on the talent pathway and the potential pressures of funding, sponsorship and achievement come into play.



Andy Rogers  
WBSA Chairman



Anthony Krysa  
WBSA Safeguarding Officer

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[WWW.WELSHSNOOKER.COM](http://WWW.WELSHSNOOKER.COM)

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**People in our association you can talk to:****Our WBSA Lead Safeguarding Officer:**

Name: Anthony Krysa

Tel: 07743 899147

Email: [safeguarding@welshsnooker.com](mailto:safeguarding@welshsnooker.com)**Our WBSA Deputy Safeguarding Officer:**

Name: Paul Taylor

Tel: 07446 289987

Email: [paul.taylor@welshsnooker.com](mailto:paul.taylor@welshsnooker.com)

**In a Safeguarding emergency, where a young person is at risk of harm,  
call 999**

**Support Services:****NSPCC Child Protection in sport Unit (CPSU)**Information and resources related to this topic are available at: [Key safeguarding topics | CPSU \(thecpsu.org.uk\)](#)**NSPCC helpline**

If you're worried about a child, even if you're unsure, contact the NSPCC's professional counsellors for help, advice and support.

Tel: 0808 800 5000 [NSPCC Helpline | NSPCC](#)**UK Sports Institute**UK Sports Institute works with elite athletes to improve performance and athlete wellbeing [UK Sports Institute: Sport Performance Support Services](#)

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**Mind**

Sport, activity and mental health information and advice [Home - Mind](#)

**Rethink**

Information and advice on mental health and local support services [Rethink](#)  
[Mental Illness](#)

**Support services for children and young people:****Childline**

Information and support line for young people

[Childline](#) | [Childline](#)

Tel: 0800 11 11

**The Mix**

Information, support and listening line (24 hours) for people under 25

Tel: 0808 808 4994

24-hour Crisis Messenger service texting THEMIX to 85258.

[The Mix - Essential support for under 25s](#)

**Samaritans**

24-hour confidential listening and support for anyone who needs it

Tel: 116123 <https://www.samaritans.org/wales>

**Young Minds**

Information and signposting to mental health support for young people and parents [YoungMinds](#)

[Mental Health Charity For Children And Young People](#) | [YoungMinds](#)



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## WBSA Safeguarding Officers



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WBSA Safeguarding Officer

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Paul Taylor

WBSA Deputy Safeguarding Officer

Contact Telephone: 07446289987

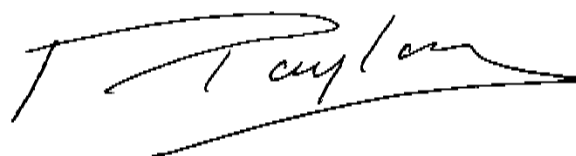
Email: [paul.taylor@welshsnooker.com](mailto:paul.taylor@welshsnooker.com)



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